

### **WELCOME FROM CHAIR**

Thank you for reading this Annual Report, which we hope reflects the value of the incredible work done by Marian and her team at Dost during 2020 and 2021. We also hope you will feel the enormous contribution that the young people bring to being part of Dost, and the resilience, friendship and shared successes that they enjoy through taking part in the wide range of activities and opportunities each week





Without experiencing the huge challenges that young refugees and migrants face, it is hard to imagine just how important the offer of support and safe spaces for learning, personal development and fun can be.

But the team at Dost work tirelessly to ensure that those young people do have opportunities to connect and to fulfil their potential and make new opportunities for themselves.

2021 has been, of course, another very challenging year. The lockdowns meant that Marian and the team had to continue to offer remote services; help with homework; pastoral support; online exercise/art/creative classes and ensure there was somewhere for the young people to turn to even when physical connection wasn't possible.

And gradually as restrictions ended we could return to helping those young people safely readjust to activities, outdoors at first and then gradually in indoor spaces to do sport, arts, learning, outdoor adventure and skills building together. The pandemic may have changed many things - but the pressures that force people to leave their country and seek refuge in the UK and other places are just as strong as ever.





Marian and the team have ensured that Dost has always been able to offer a welcome place for young refugees: and as global conflict and disruption continue - most recently in Afghanistan, Dost has continued to play a vital role in supporting those who find themselves in a new country, uncertain and often alone.

As Trustees we feel very privileged to work with Marian and her team of staff and volunteers and to be part of the special place that Dost has for young refugees.

We are, as always, very grateful to all our funders/ partners for trusting in Dost and supporting our work and enabling us to fulfil our aims and our visions and in being able to continue to support so many young people. Thank you!

### DOST CENTRE FOR YOUNG REFUGEES AND MIGRANTS Newham Leisure Centre 281 Prince Regent Lane London E13 8SD





2021 has been a busy one at Dost! We have continued to provide a service to many young people, both long term attenders and newly referred/ arrived young people. Like everyone else, we started the year online, running English and Homework sessions and weekly Quiz nights with another group. We covered topics such as personal safety, drugs and alcohol, stop and search, relationships, immigration and general knowledge.

These were lively sessions, with lots of discussions and prizes!

### **ACHIEVEMENTS AND CHALLENGES**

In March, we started our face to face sessions again, which consisted of a diverse range of trips and leisure activities that included:

- Football and volleyball sessions delivered at various sites in East London, including a football tournament at Newham Powerleague where we invited two other Refugee Organisations to join in and a tournament at St George's Park, where we won the Cup!
- Canoeing trips to the Laburnum Boat Club with another Youth Project
- History tour of Central London and boat ride to Greenwich
- Day trips to Cambridge where we punted down the river and met with University students and to Brighton to play beach volleyball, lasertag, football and table tennis at the Brighton Table Tennis Club
- Swimming and fun on giant slides and inflatables at Parliament Hill Lido, Aquabounce and Coral Reef Waterworld
- Entertainment events Radio 1 'Out Out Gig' at Wembley and a theatre trip to see Phosphoros performing a show about being a displaced person as well as a Pantomime to see Jack and the Beanstalk
- Adrenaline fueled activities including BMX'ing at the Olympic Velodrome, go-karting around a race track and trampolining.

Newham Leisure Centre reopened in July and we returned to our twice weekly sports sessions, with football, volleyball, table tennis, pool, badminton, basketball and cricket as well as satellite services from

#### SHINE (Sexual Health Service).

We have continued to play weekly football at Newham Powerleague and continue to access football sessions by Tottenham FC and have restarted our weekly sessions at Decathlon.

In October, we opened our English/ Homework sessions at Custom House Library and these have been proving very popular and a hugely vital resource for our young people.

We also have provided 4 residentials including 3 to Wey Island Trust for a total of 10 days. There we did activities such as canoeing, raft-building, tie-dying, BBQ's, camp fires, cooking, baking, photography / film making, bingo nights, a stop and search workshop with the Police and lots of general fun and group bonding!

We also brought a large group of young people to the OSH 5 day residential where we took part in African drumming, workshops on community, identity and leadership, talent nights, dancing and lots of games and arts! A group of past Dost attendees also led as Leaders on this years camp and did a great job!

Seven young people completed the Street Soccer, 10 week training course focused around football and personal development and another eight are currently attending the next programme.

Thanks to London Sport, we managed to buy 14 bikes for some of the young people struggling during lockdown and also managed to get bikes for some others through the Bike Project and then did cycle trips.

Our challenges are around staffing, volunteers and the ever increasing demand on our services as more young people arrive or attend and the ever increasing problem of young people being age-assessed and placed in inappropriate adult accommodation often with no access to education or financial support, who need our service more than ever but present with numerous needs and in need of extra support.

#### **DOST CENTRE FOR YOUNG REFUGEES AND MIGRANTS**

Newham Leisure Centre 281 Prince Regent Lane London E13 8SD

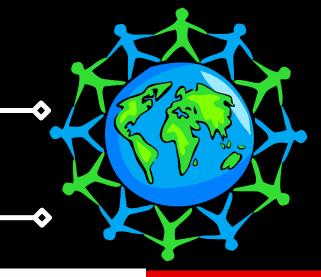


### **YOUNG PEOPLE**

#### **YOUNG PEOPLE FROM 44 COUNTRIES**

SUDAN 71 ERITREA 53 AFGHANISTAN 36 SYRIA 24 IRAN 18 VIETNAM 17 ETHIOPIA 16 SOMALIA 14 AND MANY MORE!





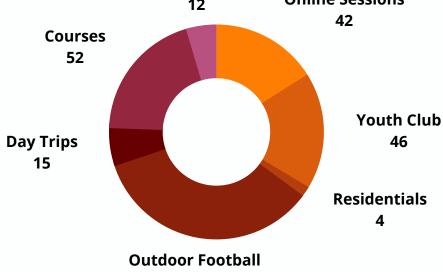
A CALL STREET, STRE

341 YOUNG PEOPLE 317 BOYS

ESOL/ Homework

Online Sessions

**24 GIRLS** 



91

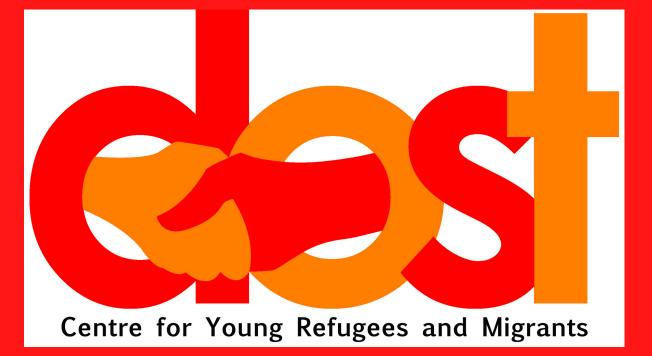
# **296 SESSIONS**

## SESSIONS AND ACTIVITIES



### **DOST CENTRE FOR YOUNG REFUGEES AND MIGRANTS**

Newham Leisure Centre 281 Prince Regent Lane London E13 8SD



### **PARTNERSHIPS AND SUPPORTERS**

**Big Impact Labs Brighton Table Tennis Club** Tottenham Hotspur Foundation **Capital Kids Cricket Football United Counterculture OSH Custom House Library Capital Karts** <u>Lee Valley Regional Park Authority</u> Purezza Pizza **Evelyn Oldfield Unit Goods for Good Knights Youth Centre Hackney Empire** Newham Libraries Sal's Shoes Rerun **Antz Digital Lifeline Charity Boots Wempower** 

> STORM LONSDALE SHAMSER SINHA ELLEN O'NEILL FRENCHWOOD FAMILY TRUST TAMITZA TOROYAN KATIE SHAKERIFAR PAUL MORAN

Phosphoros Theatre Wey Island Trust Parliament Hill Lido Newham Powerleague Decathlon Street Soccer Foundation Laburnum Boat Club Aquabounce SHINE The Bike Project Juvenis Surrey Hills and Rivers

# **DONORS AND FUNDERS**

BBC CHILDREN IN NEED TUDOR TRUST ESMEE FAIRBAIRN STREETGAMES JACK PETCHEY PARENT ZONE UK YOUTH LONDON YOUTH STRONGER COMMUNITIES FUND LONDON SPORT BT SPORT

#### ELHUM SHAKERIFAR NAVJOT SINGH SOPHIE MAYOR

#### ARTS COUNCIL – LIBRARIES CONNECTED MONOCOT PRODUCTIONS







#### <u>Watch our Dost promotional Video by</u> <u>Monocot Productions here!</u>

### **DOST CENTRE FOR YOUNG REFUGEES AND MIGRANTS**

Newham Leisure Centre 281 Prince Regent Lane London E13 8SD



# **AIMS OF DOST CENTRE**

Dost (which means friends in a number of languages), was established as an independent Charity in 2017 and has gone from strength to strength.

We provide young refugees and migrants, aged 13-19 years of age, from all across London, with a varied and diverse programme of physical and educational activities in order to reduce their isolation and increase their skills and capabilities and to support them to reach their full potential.



# CHARITY STRUCTURE AND GOVERNANCE

The Trustees confirm that they have referred to the Guidance contained in the Charity Commissions' general guidance on public benefit when reviewing the Charity's aims and objectives and in planning all future activities.

Dost is a Charitable Incorporated Organisation (CIO) and our governing document is based on the Charity Commission's model Constitution for a CIO whose only voting members are its' Trustees. We received our independent charity registration and approval for this governing document in August 2017.

In line with the model constitution we can have a maximum of 12 trustees, all of whom must be over 16 years of age. For the period covered by the 2020-2021 Report, we had 7 Trustees.

All are currently still serving and all are over 16. As we are a small and relatively new charity, (as

As we are a small and relatively new charity, (as



an independent entity), we have used a variety of mechanisms to recruit trustees, all permitted by our governing document.

Two new Trustees have joined the Board this year; one is a past member of Dost who has gone on to achieve amazing things and the other is newly joined and also has lived experience of being involved in Dost as a member. Trustees join the Board because they are known to staff members or other trustees or are directly involved in volunteering or attending Dost and all bring an expertise, skill or interest which is helpful to the charity.

As the charity grows and develops, the Trustees will look at other methods for recruitment to match skills and experience needs of the charity. All Trustees are appointed by the Board ,with a resolution noted in the minutes, to ensure they have been formally approved.

All Trustees can nominate and elect to post. Their details are then uploaded onto the Charity Commission database.





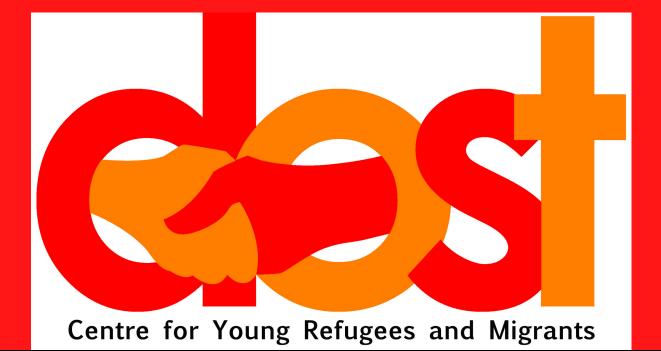


If anyone would like to get involved with Dost and become a Trustee we'd be delighted to hear from you!

### DOST CENTRE FOR YOUNG REFUGEES AND MIGRANTS

www.dostcentre.co.uk

dost\_centre
 charity no: 1173622



Jim Minton Chair - June 2017 - present Michael Havard Trustee - June 2017 - present Maymuna Osman Trustee - August 2018 - present Gabriele Gestautaite Trustee - October 2018 - present Tommy Edwards Trustee - December 2018 - present Stella Ogunlade Trustee - January 2021 - present Zeinab Maalow Trustee - September 2021 - present



Marian Spiers – Youth Work Programme Manager 2009 – present Richard Shittu – Volleyball Coach/Youth Worker 2010 – present Kelly Williams – ESOL Tutor/ Art Tutor/ Youth Worker 2019 – present Coltrane Morley-Williams – Football Coach 2019 – present

**STAFF** 

Leila Seguin - Youth Worker 2020 - present Ali Abbas Alshimari - November 2021 - present

Wendy Lee - Accountant 2018 - present

Constantine Hadjipateras - Youth Worker 2020 - 2021







# VOLUNTEERS

In loving memory of Lara Casalotti who very sadly passed away in 2021 and who was an amazing Dost volunteer and volunteer to many charities...sadly missed

Ali Abbas Alshimari Alon Harshak Lex Karlin <u>Noah Leul</u> for making our Dost film!

### **DOST CENTRE FOR YOUNG REFUGEES AND MIGRANTS**

www.dostcentre.co.uk

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charity no: 1173622



# WHAT DO THE YOUNG PEOPLE THINK?!

Dost has been apart of me from a young age, Dost was a place where I met new people, learnt valuable socialising skills as well as becoming more confident as a person. With great members of staff from all different backgrounds Dost was like a second home to me. It was such a welcoming place with a great atmosphere.

> Pardeep, Member of Dost since 2010

I've been a Dost member for over 12 years now. Being a member of Dost, is one of the best experience ever. During the years at Dost, I have met loads of individuals from different background and cultures. This has enhanced my skills on how to talk to different groups of people. I've learned life expertise, on how to communicate and how to be a socially active person with everybody.

Dost provides a range of activities, which are very unique and skill building. Due to this experience, I have managed to set up my own business, from the skills and knowledge at the centre. Last but not least, Dost is my second home, where you're welcome all the time and it's all worth it. Danish, Member of Dost since 2009

I am very happy to coming to Youth Club Dost Centre because we enjoy and you can have a lot of friends. You can learn many things. You can play games. We go to new places and its very important for young people and Dost Centre helps young people to speak English and helps people to know London.

I liked to go to Wey Island and go-karting and swimming. I am feeling very happy when I come to Dost. Hassane, Member of Dost since 2021

We play sports for free and we went on a lot of trips. We play a lot of games, meet other people, make new friends. We learn English and get to speak English with other people. I'm happy here because I don't have family here.

Mujahid, Member of Dost since 2021

What I like about Dost is everyone is friendly and every session we have we really enjoy. Also, I appreciate Marian's effort and hard-working because she always there to make sure everyone is happy and having fun

During my 3 years at Dost I've learnt a lot of things, improved a lot of skills, gained a lot of knowledge and met new friends and I just felt Dost is my 2nd home and family.

Love you Marian for everything you doing for us... we really appreciate you 🕈

#### Khaled, Member of Dost since 2018

**Dost Centre is everything to** me (us). The place we forget our problems, have fun, make new friends, learn and get help.....

Bonsa, Member of Dost since 2018

Dost is very nice because gave us good time to make our friends... And we met new friends, also it gave us greater activities. Also we learnt more about football and other activities.....how I say thanks I don't know because I say thanks it's not enough it needs many thanks.

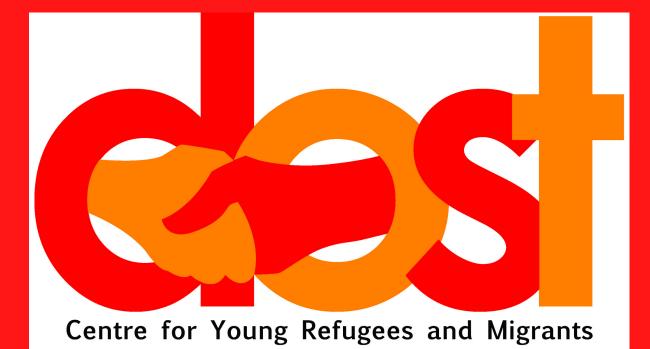
#### Ibrahim, Member of Dost since 2021

#### **DOST CENTRE FOR YOUNG REFUGEES AND MIGRANTS**

www.dostcentre.co.uk



- dost\_centre
- charity no: 1173622







No Trustees were remunerated or received any expenses or payments during the year.

Our Charity insurance provides Trustee Indemnity cover against executive risks to the sum of £250,000.

Our reserves at year end were £69,965 of which £35,882 were restricted and £34,083 were unrestricted.

Dost's reserves policy balances the need to build up long term reserves against the need for short term spending on core activities .

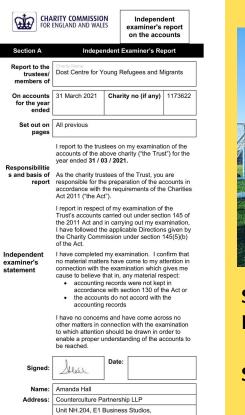
The Charity's reserves exist to provide short term protection against downward fluctuations in annual revenues.

FOR ENGLAND AND WALES	Dost Centre fo		a una migranta		
	Recei	CC16a			
	For the period from	01-Apr-20	То	31-Mar-21	
Section A Receipts and	d payments				
	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest
A1 Receipts					-
Conations and legacies	6,906	68,473		75,379	87,0
		· ·			
		· ·		-	
				· · · · · · ·	
		· .		•	
Sub total (Gross income for AR)	6,906	68,473	•	75,379	87,0
A2 Asset and investment sales,					
see table).		· · ·		-	
see table).	· ·	· · ·		· ·	
(see table). Sub total		· · ·			
		-			
		- - - 68,473		- - - 75,379	87,0
Sub total Total receipts		-			87,0
Sub total Total receipts A3 Payments		- 68,473		75,379	
Sub total Total receipts A3 Payments Wages / Salaries		-		75,379	40,0
Sub total Total receipts A3 Payments Veges / Salaries Rent / Room Hire surance		68,473		75,379	40,0
Sub total Total receipts A3 Payments Wages / Salaries Arrit Room Hire Insurance Jank Fees	- - 6,906	68,473		- 75,379 35,205 720	40,0
Sub total Total receipts Nages / Satiris Fart / Room Hire surance Jank Fees coching & Youth Fees	6,906 6,906 545 108 25	68,473 35,205 720 7,452		75,379 35,205 720 545 108 7,477	40,0 12,5 4 11 18,5
Sub total Total receipts A3 Payments Mages / Salaries amurance ank Fees Cooking A Youth Fees Lubergions / Oher	6,906 545 108 25 3,516	- 68,473 35,205 720 7,452 1,991		75,379 75,379 720 545 108 7,477 5,507	40,0 12,5 4 1 18,3 6,5
Sub total Total receipts 33 Payments Way Statutes Start Room Hire Insurance Jank Fees Jubeorghors / Other Subeorghors / Other Tavei Trips	6,906 545 108 25 3,516 944	- 68,473 35,205 720 7,452 1,991 2,305		75,379 75,379 720 545 108 7,477 5,507 3,249	40,0 12,5 4 1 18,7 6,5 5,7
Sub total Total receipts 33 Payments Way Statutes Start Room Hire Insurance Jank Fees Jubeorghors / Other Subeorghors / Other Tavei Trips	6,906 545 108 25 3,516	- 68,473 35,205 720 7,452 1,991		75,379 75,379 720 545 108 7,477 5,507	40,0 12,5 4 1 18,7 6,5 5,7
Sub total Total receipts A3 Payments Wayer Salares Sank Fies Jaak Fies Jubicoptions (Other Subcoptions (Other Fired) Trips	6,906 545 108 25 3,516 944	- 68,473 35,205 720 7,452 1,991 2,305		75,379 75,379 720 545 108 7,477 5,507 3,249	40,0 12,0 4 1 18,3 6,5 5,1 2,4
Sub total Total receipts Vages (Satares terr) (Room Hire suarace Saching X Youh Fees Saching X Youh Fees Saching A Youh Fees Saching A South Fees Saching Study (Satares) Sub total V4 Asset and Investment	6,906 545 108 25 3,516 944 100	68,473 35,205 720 7,452 1,991 2,305 2,808		75,379 75,379 720 545 108 7,477 5,507 3,249 2,908	40,0 12,0 4 1 18,3 6,5 5,1 2,4
Sub total Total receipts Vages (Satares terr) (Room Hire suarace Saching X Youh Fees Saching X Youh Fees Saching A Youh Fees Saching A South Fees Saching Study (Satares) Sub total V4 Asset and Investment	6,906 6,906 845 3,516 944 100 - 5,239	68,473 35,205 720 7,452 1,991 2,305 2,808		75,378 35,205 720 545 108 7,477 5,577 3,249 2,308 2,308 55,719	40,0 12,0 4 1 18,3 6,5 5,1 2,4
Sub total Total receipts A3 Payments Wages (Salares Serri / Room Hrie maarine Saching A Youb Fees Saching A Youb Fees Saching A Youb Fees Subsortions - Other Travel Traje Sub total A4 Asset and investment	6,906 545 108 25 3,516 944 100 - 5,239	68,473 35,205 720 7452 1,951 2,905 2,800 50,480		75,378 35,205 720 545 108 7,507 3,240 2,240 2,240 2,55,719	40,0 12,0 4 1 18,3 6,5 5,1 2,4
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Sub total Total receipts Tages Salaries Salaries Salaries Salaries Salaries Salaries Salaries Salaries Sub total A Asset and investment purchases, (see table) Sub total	6,906 845 98 925 3,516 944 944 944 944 944 5,239	68,473 35,205 720 7,452 1,991 2,055 2,065 50,460  		75,379 35,205 720 945 745 7,477 5,507 3,249 2,000 	40,0 12,5 4 1 18,2 6,5 5,1 2,4 86,1
Sub total Total receipts Tages Satares Startes Startes Startes Startes Startes Startes Subsections / Ore ravel Trips quammit Sub total M Asset and investment hurchases, (see table) Sub total Total payments	6,906 545 108 25 3,516 944 100 - 5,239	68,473 35,205 720 7452 1,951 2,905 2,800 50,480		75,378 75,378 720 545 700 7,577 3,570 2,3260 2,3260 2,55,719	40,0 12,5 4 1 18,2 6,5 5,1 2,4 86,1
Sub total Total receipts 33 Payments Kright Statistics Statistics Statistics Statistics Sub total A Asset and investment surchases, (see table) Total payments Net of receipts/(payments)		68,473 35,205 720 7,452 7,452 2,805 2,809 - - - - - - - - - - - - -		75,379 35,205 720 945 745 7,477 5,507 3,249 2,000 	40.0 4.0 4.1 4.1 4.2 5.1 5.1 2.4 8.6,1 8.6
Sub total Total receipts A3 Payments Total receipts A3 Payments Subsections / Total Subsections / Total Sub total A4 Asset and investment purchases, (see table) Sub total Total payments Net of receipts/(payments) A5 Transfers between funds		68,473 35,205 720 7,452 1,991 2,205 2,205 2,200 - - - - - - - - - - - - -		75.378 35,205 720 0 0 0 7.407 5.507 3.240 2.800 -	40.0 40.0 4.1 10.2.5 4.1 10.2.5 5.1 2.4 86,1 86,1 10.2 86,1 10.2
Sub total Total receipts Virges Satures markets Docoling Xhuth Fee Sociality & Yhuth Fee Sociality & Yhuth Fee Sociality & Yhuth Fee Sociality & Yhuth Fee Sociality & Sub total At Asset and investment purchases, (see table) Sub total Total payments		68,473 35,205 720 7,452 7,452 2,805 2,809 - - - - - - - - - - - - -		75,379 35,205 746 747 5,507 3,249 2,000  85,719	40,0 11,2 40,0 11,2 4,4 11,1,3,3 6,5 5,0,1 2,4 86,1 86,1 86,1 86,1 8,1 8,1 8,1 8,1 8,1 8,1 8,1 8,1 8,1 8

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowmen funds to nearest £
B1 Cash funds	Cash at Bank / in Hand	34,083	35,882	to nearest 2
			-	
				<u> </u>
	Total cash funds	34,083	35,882	
	(agree balances with receipts and payments			
	account(s))	OK Unrestricted	OK Restricted	OK Endowmen
		funds	funds	funds
	Details	to nearest £	to nearest £	to nearest £
B2 Other monetary assets		•		
		· .	-	
			-	
		· · · ·		<u> </u>
				L
	Details	Fund to which asset	Cost (optional)	Current value
B3 Investment assets	Details	belongs		(optional)
oo meestment ussets				
				L
			-	
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
34 Assets retained for the				
charity's own use				
			-	
			-	
			-	
				<u> </u>
	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
35 Liabilities			(optional)	(optional)
				<u> </u>
				<u> </u>
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Na	ame	Date of approval
	869	Jim Mir	iton	01/12/2021

#### The Trustees declare that they have approved the Trustees Annual Report above on 01/12/2021

01/12/2021



7 Whitechapel Road

London E1 1DU

CCXX R1 accounts (SS)





Signed on behalf of the Charity's Board of Trustees. Full name: JIM MINTON

Signature:	ang
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Position: Chair of Board of Trustees Dated: 10th December 2021



### **DOST CENTRE FOR YOUNG REFUGEES AND MIGRANTS**

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